

Aurora⁺



Our Services

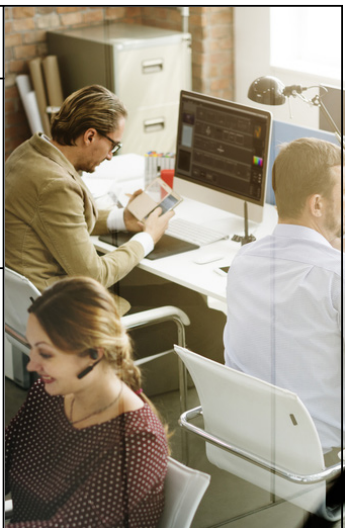
Ergonomic Office Furniture: A Guide For Businesses

Ergonomic Furniture Is Key For Company Wellbeing

Comfortable workspaces can help workers feel their absolute best. If you're wanting to give your company space a makeover, or are wondering how you can help remote workers feel more comfortable, we have the knowledge!

Aurora are a leading business solutions provider, supporting companies nationwide. We can help with everything you need for your office, including ergonomic furniture solutions. Support is paramount to us, so you know you're in safe hands.

How Can Aurora Help?

✦	Solutions	
Furniture Solutions For The Comfiest Workspace		
In desk-driven jobs, workers don't have to be victim to neck pain, back pain, sore wrists or fingers. Office ergonomics, including furniture, posture, spacing and chair height, can keep workers and their bodies comfortable, even when working long hours at a desk.		



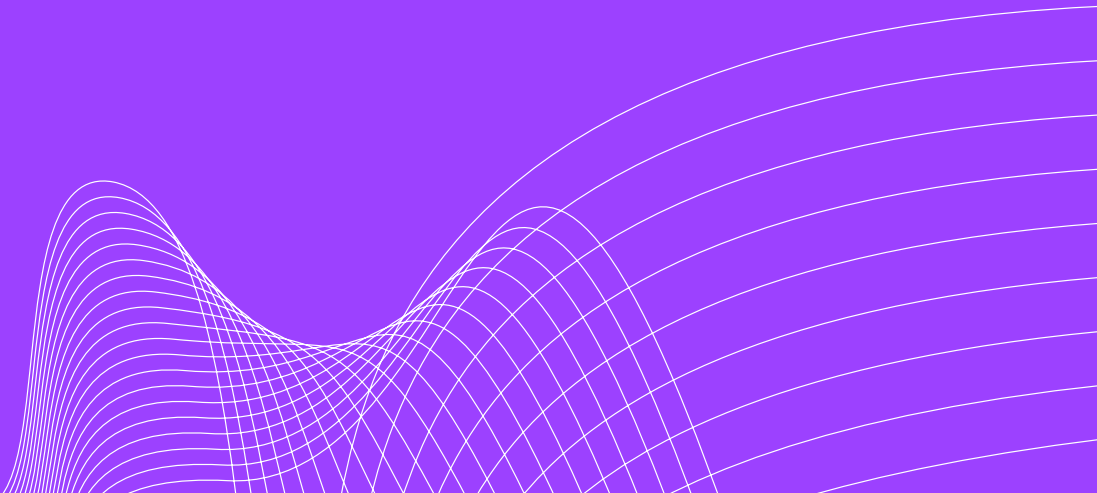
Chairs

Choose a chair that supports spinal curves. Adjusting the height of your chair so feet rest flat on the floor, or on a footrest is optimal. Adjust armrests so that arms gently rest on them, keeping shoulders relaxed. The right ergonomic chair will help with postures - keeping back and neck pain at bay! Aurora stock a range of ergonomic chairs, from cost-friendly solutions down to state-of-the-art dynamic seating.



Monitors

Monitors should be directly in front of workers at a desk, around an arm's length away. The top of the screen should be slightly below eye level, and the monitor should be directly behind the keyboard. Position of monitors may need to be adjusted. Aurora have ergonomic solutions for monitor position including laptop stands, monitor stands, monitor arms and more!





Keyboards and Mice

At a desk, the mouse should be easy to reach and on the same surface as the keyboard. When typing, wrists should be straight, upper arms close to the body and hands slightly below elbow level. Ergonomic mouse mats can help with comfortable computer working. We stock a range of mouse mats and wrist rests for the most comfortable setups!



Footrest

When a chair is too high to rest feet on the floor, or the chair height has to be adjusted to match the desk height, it's probably time to get a footrest. Aurora have a range of footrests available, keeping posture optimal and working comfortable.



Desk

There should be room for knees, thighs and feet under a desk. If the desk is too high, raise the chair. Standing and moving around when driving a desk is also important. Aurora have a range of sit-stand desks and work stations to help with office ergonomics.



If you would like to learn about
Aurora's ergonomic furniture
solutions, visit our specialist website:
auroraoffice.co.uk



Contact Us

020 7503 3051
officesupplies@aurora.co.uk